

FISW

FALL 2024



AUX PROGRAMS

Welcome Back

Welcome back, FISW Families! We are so excited to kick off our 2024-25 school year. We are returning after an exciting summer, filled with camps, travel and the Paris Olympic games! I can't wait to hear about what your student's did the past few months.

In this newsletter you will find our enrichment offerings for the fall. Do not hesitate to reach out and connect with our new Auxiliary Programs Coordinator, Dounia, with any requests for future classes. We are always looking to introduce our students to new and fun after school classes.

As I hand off the Auxiliary Programs role to Dounia, I want to thank all of you for making FISW such a special place to work. I will miss the students dearly and I promise I won't be a stranger.

-Mallory



WELCOME OUR NEW AUX COORDINATOR!

My name is Dounia Benjdya and I am so excited to join the team here at FISW. I grew up here in Bellevue but besides English, I am fluent in French as well, so I know the importance and value of bilingual education. I did my studies at UW and come from a background of event planning and coordinating for both adults and children. I can't wait to meet everyone and see what this year has in store for us.
Merci!



Garderie Pricing

Morning Garderie: \$45/week
4:30 Pick-Up: \$95/week
5:00 Pick-up: \$125/week
5:30 Pick-Up: \$165/week



Important Dates

- Garderie Registration: Closes August 31st
- Enrichment Registration: Opens August 26th - September 6th
- Fall Break: October 21st-25th
- No School: September 2nd, October 21st -25th, November 27th-26th



Mondays

LITTLE CHEFS 3:30PM-5:00PM

Instructor: Natalija (Popcorn: Party Cook Play)

Language: English

Grades: 1st-3rd

Students will learn to cook delicious and easy sweet and savory recipes from scratch. The instructor will guide them through all steps and ensure that everyone is involved in the hands-on activities.

BEGINNING ARABIC 3:30PM-4:30PM

Instructor: Safia (FISW)

Language: French, English, Arabic

Grades: K-2nd

In this class, students will learn the foundations of the Arabic language by becoming familiar with the alphabet, numbers, and some introductory phrases.

YOGA FOR LITTLES 3:30PM-4:15PM

Instructor: Camila (Camila Kids Yoga)

Language: English

Grades: Petits & Moyen

Offering young minds the opportunity to get active and learn mindfulness, yoga postures, compassion, and relaxation with a goal to create a more balanced and loving world.

MARVELOUS MONDAYS 3:30PM-5:00PM

Instructor: Angela (Epic Art)

Language: English

Grades: 2nd - 5th Grade

An exhilarating after-school experience in our Marvelous Mondays class, students will embark on a creative journey, engaging in hands-on art projects that spark their imagination. Students will explore new techniques and create eye-catching masterpieces that showcase their unique artistic flair. We'll start the semester by creating O'Keeffe-inspired landscape paintings, capturing the abstract beauty of nature through vibrant colors and flowing forms. Next, we'll dive into a multilayered 3D project, transforming discarded plastic containers into stunning multimedia African masks inspired by Romuald Hazoume. To wrap up our artistic journey, we'll embrace the holiday season by playing with clay to build up ceramic snowman luminaries that will brighten any room!





Tuesdays



LITTLE-R CHEFS 3:30PM-4:30PM

Instructor: Popcorn Party Cook

Language: English

Grades: Moyen & Kindergarten

Some of our youngest students will learn to cook delicious, easy, sweet, and savory recipes from scratch. The instructor will guide them through all the steps and ensure that everyone is involved in the hands-on activities.

CHESS 3:30PM-4:30PM

Instructor: Georgi (Orlev Chess Academy)

Language: English

Grades: 1st-5th

Students will learn tactics and strategies for chess, play games with their friends, and learn the spirit of friendly competition. Each class will consist of lessons, playing time, and chess puzzle time. **Knowledge of chess moves required**

ARTS DU CIRQUE 3:30PM-4:15PM

Instructor: Nadege

Language: French

Grades: Petits & Moyen

In this class, your child will learn how to move through space using simple acrobatics like summersaults and cartwheels, improve their balance using balance balls and beams, and find coordination with ribbons and small balls—all in a very playful way!

MODERN DANCE 4:30PM-5:30PM

Instructor: Nadege

Language: French

Grades: Petits & Moyen

In this class we will learn acrobatic skills from gymnastics, rhythmic gymnastics and modern dance moves that we will put together into a new choreography for each semester

MARVELOUS MINI MAKERS 3:30PM-4:30PM

Instructor: Angela (Epic Art)

Language: English

Grades: Moyen - 1st

A creative adventure in our Tuesday after-school Epic Art class, where Mini Makers will dive into a world of hands-on exploration and imaginative fun! This semester, we'll embark on three exciting projects that blend creativity with learning. We'll start with a geometric cardboard sculpture, where students will dive into color, texture, and shape to craft their own Bauhaus-inspired 3D marvels and puzzles. Next, we'll unleash our creativity with clay to build a delightfully whimsical Monster Mug that doubles as a quirky brush holder, turning daily routines into an adventure with its fun, toothy grin and vibrant glaze colors. To wrap up our artistic adventure, we'll channel the golden glam of Gustav Klimt and sprinkle a touch of our sparkle into a charming cat-inspired painting!

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Wednesdays

ARTS AND CRAFTS 3:30PM-4:15PM

Instructor: Safia (FISW)

Language: French & English

Grades: Petits & Moyen

Unleash your creativity in our arts and crafts course! Students will explore self-expression through various art forms, using ordinary household items to become crafty and imaginative

BASKETBALL 3:30PM-4:30PM

Instructor: Brandon Larrieu (BB Solutions)

Language: English

Grades: K-2nd

Coach Brandon brings FISW a new basketball training that is both fun and safe. Students will learn critical skills such as teamwork, respect, and sportsmanship. Each child will gain a positive introduction to sports through a game-based curriculum while fostering growth for a lifetime love of a healthy, active lifestyle. The coaches of B&B Sports bring success and experience ranging from vast levels, such as college basketball, to professionals in the Euro League.

SUMM MATH CLUB 3:30PM-5:00 PM

Instructor: Seattle Universal Math Museum

Language: English

Grade: 3rd-5th

In Summ Matherschool, math is taught in a way that engages all students in hands-on exploratory learning. Students learn math through art, music, or educational games. Students may come from class with new creations, such as a stringed instrument or origami, or may even teach the family a fun new learning game!

VIOLIN LESSONS

Instructor: Elena Vukosavljev

Language: English

Grades: K-5th Grade

Discover the art of classical music in a personalized violin course. Students will be paired with a buddy to start and practice their skills. All levels are welcome.

30-minute lessons are offered in pairs of 2

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Thursdays

FRENCH HOMEWORK HELP

3:30PM-4:30PM

Instructor: Besma (FISW)

Language: French

Grades: 1st-3rd Grade

Are French assignments leaving you puzzled? Say au revoir to confusion and bonjour to success with our French Homework Help! This course will provide students with the support they need to excel in their French studies.

STORYTELLING & ART

4:00PM-5:00 PM

Instructor: Sam (FISW)

Language: French & English

Ages: Moyen & K

In this course, students will listen to a story in French, English, or both. Then, they will create an art piece based on the story. For example, making binoculars to go on a bear hunt!

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Fridays

BOARD GAMES FOR BEGINNERS 3:30PM-4:15PM

Instructor: Besma (FISW)

Grade: Moyen & K

Language: French and English

Enjoy a variety of fun board games with Mme. Besma. Games range in a variety of silly to educational, offering an opportunity for young ones to learn patience, teamwork, and honesty.

CONVERSATIONAL FRENCH FOR ADULTS 3:45PM-4:45PM

Instructor: Christel (FISW)

Grade: Adults

Language: French and English

Join the FISW community to practice your French language skills. Build confidence speaking, practice your grammar, and learn new vocabulary. All levels are welcome.

COOKING WITH SAFIA 3:30PM-4:30PM

Instructor: Safia (FISW)

Grade: K-2nd

Language: French & English

Learning to cook is a valuable life skill that's never too early to start. Under the guidance of Mme. Safia, students will explore delicious recipes from around the world in a safe and engaging environment. Get ready to embark on a flavorful journey!



DAISY GIRL SCOUTS

Once a month, the Daisy Girl Scouts school afternoon meeting is held for pre-registered first-grade girls. Girls participate in activities and crafts to learn scouting skills and values.

Afternoon meetings are supplemented with optional occasional weekend field trips and fall product and cookie sales. Annual registration fees include a \$50 fee to the Girl Scouts and a \$50 troop fee. Interested girls can pre-register by contacting Kayla at kdecarr@gmail.com.

