




2025 Fall Enrichment Catalog

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- Please note:
- Classes subject to change or cancellation
 - Ensure to verify age groups before selecting classes

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- **Key dates:**
 - **runs 9/8-11/25**
 - **Makeups 12/1-5**
 - **No classes**
10/10, 10/20-
24, 11/26-28

Monday's

Petit and Moyen
Camila
3:30pm-4:15pm

Yoga

Ms. Camila is back again to offer her popular yoga class for our Petit and Moyen Section students! This gentle and playful class introduces young children to the basics of yoga through imaginative movement, storytelling, music, and breathwork. Students will build strength, flexibility, and balance while also learning tools for mindfulness, emotional regulation, and body awareness

K-2nd grade
Safia (FISW)
3:45pm-4:45pm

Cusine du monde

A delicious journey around the world! In this fun cooking class, students will explore global cultures through food by preparing simple, kid-friendly recipes from countries like Mexico, Algeria, Japan, and more. As they chop, mix, and measure

Monday's

3rd–5th Grade
Epic Art
3:30pm–5:00pm

Epic Monday's

Gnomes, fairies, or even kings or queens will be thrilled to call this Treehouse home! We'll spend weeks building multiple levels, ladders, swings, water sources, furniture, and so much more—all set in a magical forest-scape. It's a world of messy, artfully exciting materials! From gooey paper mâché to natural wood, vibrant paints, plants, resin accents, various clays for sculpting, and sparkly touches, we'll create everything from sweet little forest creatures to lush flora and fauna. We'll create

Epic layers—refining designs, adding textures, and bringing this enchanting hideaway to life. And, of course, each session includes a fun ceramics project where we'll create a "meow-mazing" Cat and Fish Tic-tac-toe game out of clay, perfect for the whole family to enjoy!

2nd–5th Grade
Sophie (FISW)
3:30pm–4:30pm

French Tutoring

This small-group tutoring session is designed to help students in Grades 2–5 feel more confident and successful in their schoolwork.

Whether it's vocabulary, grammar, reading comprehension, or preparing for a quiz, students will receive personalized help in a relaxed and encouraging environment.

Tuesday's

Soccer Shots
3:30pm–4:05pm (Moyen)
4:15–4:50pm (K)

Soccer

Let's kick off the fun! This beginner soccer class is designed especially for our youngest athletes. Children will learn basic soccer skills like dribbling, passing, and shooting through playful games and activities. The focus is on movement, teamwork, and building confidence

K–2nd Grade
Epic Art
3:30pm–5:00pm

Epic Tuesday's

Mini Makers will dive into a magical forest to create a whimsical 3D Cozy Bear Cave for their new friend (shhhh, included!). Over the course of weeks, we'll explore artful materials—cardboard, paper mâché, vibrant paints, textiles, and oven-baked clay for sculpting mushrooms. We'll sew soft beds, build ladders, tables, design a sparkling resin pond with fish, and add plenty of little creatures and natural elements, and more, to bring our Epic cozy bear hideaway to life! And, of course, each session includes a fun ceramics project where we'll create a "owl-mazing" Owl candy dish out of clay, perfect for the whole family to share!

Tuesday's

3rd-5th Grade
Athena Coding
3:30pm-4:30pm

Music Production

Dive into the dynamic world of digital music production, creating captivating rhythms and melodies using Soundtrap, a kid-friendly digital audio workstation. From recording and manipulating sounds, to mixing your very own tracks, to learning the key elements of songwriting and music theory, this hands-on course will inspire your creativity and encourage you to view the world around you as an endless source of musical inspiration. By the end of the journey, you'll not only have created your own unique piece of music, but you'll also have gained invaluable skills that will help shape your future musical endeavors!

1st-5th Grade
Orlov Chess Academy
3:30pm-4:30pm

Chess

Young players dive deeper into the exciting world of chess through interactive lessons, clever strategies, and fun practice games. From pawns to checkmate, each session offers a chance to sharpen thinking skills and enjoy the thrill of friendly competition.

Note: This class is best suited for students with some prior knowledge of the rules and basic moves of chess.

Wednesday's

3rd-5th
Safia
3:45pm-4:45pm

La Cuisine

Mini chefs will explore the joys of preparing simple, age-appropriate recipes while learning about healthy foods, kitchen safety, and teamwork. Each week features a new dish to make, taste, and take home.

k-2nd Grade
B&B Solutions
3:30pm-4:30pm

Basketball

Young players learn the basics of basketball through fun games, skill-building drills, and lots of movement. This class focuses on teamwork, coordination, and confidence—all in a supportive and energetic environment perfect for first-time players.

Wednesday's

2nd-4th
Sophie (FISW)
3:30pm-4:30pm

Theatre

This exciting theater class is taught entirely in French. Through playful activities, role-playing, and storytelling, kids will practice their French speaking skills while developing confidence and creativity on stage. The class offers a fun way to learn French by expressing themselves and working together with other young actors in a supportive and friendly environment.

k-5th Grade
Elena

Violin

Students will be paired with a practice buddy to develop their skills in a supportive and encouraging environment. This course is perfect for beginners as well as those with some prior experience. Classes are offered in convenient 30-minute timeslots to suit every student's pace and needs.

Thursday's

Petit and Moyen
Sam FISW)
3:30pm-4:30pm

Story and Art

In this creative preschool class, children will dive into the magic of stories in French and English! After listening to fun and engaging books, little learners will bring the tales to life through hands-on art projects. From painting and drawing to crafting imaginative creations, each session inspires creativity, imagination, and a love of reading.

k-1st Grade
Icode School
3:30pm-4:30pm

Intro to Computers and STEM

In this course, students will be introduced to STEM related topics while honing basic computer skills. From navigating the keyboard to understanding the basics of typing, they'll build a solid foundation for future technological endeavors. This program's highlight is learning how to create captivating animations using Scratch, a user-friendly block-based coding language

Thursday's

2nd-5th Grade
B&B Solutions
3:30pm-4:30pm

Basketball

Young players learn the basics of basketball through fun games, skill-building drills, and lots of movement. This class focuses on teamwork, coordination, and confidence—all in a supportive and energetic environment perfect for first-time players.

3rd-5th grade
Cherry St Film
3:30pm-5:00pm

Film

Lights, camera, action! In this creative class, kids will become directors, actors, and editors as they make their very own music videos and stop motion films. Students will learn basic storytelling, choreography, set design, and stop motion animation techniques using fun materials and simple technology. From planning scenes to filming and editing, every child will help bring their unique ideas to life on screen.

Friday's

Moyen-K
Amazing Athletes
3:30pm-4:30pm

Karate Zoo

With the help of our Muscle Zoo friends, we teach the fundamentals of martial arts in this high-energy progression-based program. Students learn & practice the traditions & skills of the sport, and receive colored belts and stripes for their achievement. Hi-yah!

k-5th Grade
New Bach School
3:30pm-4:30pm

Piano

Led by extraordinary musicians and experienced educators who hold advanced degrees and Ph.D.s. Through our Piano Class, students learn essential skills, including hand position, note reading, chord vocabulary, rhythm, and music theory. Additionally, they have the opportunity to learn and play a variety of fun songs, enhancing their engaging learning experience! Keyboards and headphones are provided, and each student will receive a lesson book. Upon completing the class, students are awarded a New Bach Music School Certificate to celebrate their musical achievements.

Friday's

3rd-5th Grade

Icode

3:30pm-4:30pm

Web Development

In this course, students will learn the fundamentals of web development, including HTML, CSS, and JavaScript—the building blocks of the Internet. Through interactive lessons, and guided projects, students will embark on a journey to create their websites from scratch. Throughout the course, students will work on projects that allow them to apply their newfound knowledge and creativity.

Christel K.

3:45pm-4:45pm

Adult French

Always wanted to keep up with your child's French homework – or refresh your own skills? Our very own language expert, Christel Kabongo, offers engaging after-school French lessons for parents and adults every Friday. Whether you're a complete beginner or looking to brush up, these sessions are designed to build confidence and support you in following along with your child's learning. Spaces are limited, so don't miss this opportunity to learn and grow alongside your student!